



Calgary
Performing &
Visual Arts
Foundation

A decorative graphic featuring a central teal circle containing text. Surrounding the circle are several thick, colorful ribbons in shades of red, purple, blue, green, yellow, and orange, which swirl and loop around the central circle.

PVA

Newsletter

October 2022

CPVAF Meeting Details page 11

CHARMS Reminder

If you haven't already set up your password for **CHARMS**, please send Patti MacNeil an email at communications@cpvaf.org and she will resend the link and instructions.

Note: If your student is enrolled in any PVA discipline **as well** as any of the following music courses - Concert Choir, Concert Band, Orchestra, PVA BAND, PVA Strings, and or PVA Vocal - then you will be receiving a similar letter from the Central Memorial Music Parents Association (CMMPA) and will **have two sets of CHARMS sign-in details.**

We apologize for the redundancy/confusion but if you would kindly go into each area at least once to check to make sure we have all your details inputted correctly that would be appreciated.





band

dance

fashion

media arts

strings

theatre arts

visual arts

vocal



in this issue

Welcome note from Learning Leader Michelle Crimmins

Meet the new PVA instructors

Important Links

The history behind our two amazing parent groups

What is CPVAF?

CPVAF Meeting details - page 11

Events Calendar

Welcome notes and news from each PVA discipline



Message from Michelle Crimmins

PVA Learning Leader & Theatre Arts Teacher

Welcome to what will be an exciting and event-filled year in PVA at Central!

If you are a new family to PVA and Central Memorial High School, we are happy to have you here with us and hope that your student will take advantage of the many opportunities to learn, grow, and showcase their development through the year.

Our school is unique in many ways - students come from all corners of (and outside) the city to take year-round classes in their arts speciality and their exposure to industry level expectations, technology, and guest artist instructors is top shelf. We are proud of what we can cultivate in our classrooms as we watch them strive for what they love to do. But as we reflect as a team on how we want to meet our students where they are at and move them forward this year, we really feel that what makes our programming unique in their lives is that they come here and learn what it means to operate within a creative community.

It takes integrity and respect to collaborate with other artists, a deeper sense of belonging, inclusive thinking/actions, and compassion for self and others.

These are life skills - and learning them has a fluidity to it. They are all creative-thinkers and their ambition has brought them here. What we look forward to this year is finding ways to navigate collaboration, celebration, mistakes, and all that happens in between. Their journey may not always look smooth, but trust us, we are working alongside them to find ways to navigate that, because after all - art exists to reflect society back at itself so that it can look closely at all the gritty parts and learn from what it sees.

We can't wait to see you at our events, performances, and CPVAF meetings as we share with you (our biggest fans!) all the learning the students are doing together with us.

Thank-you for your support and trust.

~ Michelle



Welcome to our new PVA Teachers!

Lane Turner - BFA, BEd, Dip. Multimedia Arts (HONS) - Media Arts

Lane Turner has been a teacher with the CBE for 17 years teaching CTS courses in Multimedia, Photography, Film studies, Video & Animation, the Alberta University of the Arts' CBE dual credit program in Photography and Design, and various courses in graphics using the Adobe Creative Suite. A graduate in traditional visual arts with U of C, with a Diploma of Multimedia Arts from SAIT's former school of Information and Communication Technologies, previous positions have included working with such institutions as the Calgary Herald, Glenbow Museum, The Alberta Foundation for the Arts, and ACAD. Lane is also a proud CBE parent of two children, and looks forward to his new role here at Central Memorial. In his spare time, Lane enjoys travelling with his wife and kids, riding motorcycles alone, shooting photos wherever, and learning to be a hockey / ski parent.

Jill Tuttle - Visual Arts

Originally from Nova Scotia, Jill received her Bachelor of Fine Art from Nova Scotia College of Art and Design University, majoring in painting and drawing, and then went on to complete her Bachelor of Education at the University of Calgary in Secondary Visual Arts. She previously taught at Bishop Pinkham Middle School, Henry Wise Wood High School and was the Fine and Performing Arts Specialist for the CBE. Being immersed in the arts is her passion, whether that is through teaching, creating or celebrating the arts. Jill is also a practicing artist whose artwork ranges from intricate Victorian era inspired drawings, mixed media Rocky Mountain inspired landscapes, to colorful illustrations. Jill is so thrilled to be a part of the Central Memorial PVA program!



Katrina Op de Beek - Fashion Instructor

Katrina Op de Beek was raised in Kelowna, BC. She is a third generation sewing teacher following in the footsteps of her mother and grandmother. Honouring her strong family history of tailors and seamstresses, and with a combined skill and love of constructing garments, a future career as a Home Economics teacher seemed ideal.

After winning Gold in the Regional Skills Canada competition in sewing and drafting, Katrina gained the confidence she needed to enter the rigorous degree program offered by Kwantlen Polytechnic University in Fashion Design and Technology. Katrina then attended UBC to complete her teaching degree with a focus in Home Economics.

Sewing has always been a true passion for her. She has designed and constructed everything from wedding and grad dresses to creating a collection of swimwear, winter jackets and technical outerwear. Central Memorial High school has been the ultimate teaching goal for Ms. Op de Beek. The PVA Fashion Program is where she can help many young designers enter and succeed in a post secondary fashion program as she did.

"I don't do fashion. I am fashion." - Coco Chanel

Yohan Ricardo - Visual Arts Instructor

Yohan has been pursuing his artistic career since 1991, and exhibited his work worldwide. His work is part of private, corporate, and museum collections. His degrees include a Bachelor of Fine Arts with Honors, and Pedagogical Sciences from Cuba.

His experience teaching Visual Arts at the High School of a Canadian Indigenous reserve, the hometown of several foremost Canadian artists, nourished and positively influenced his interest in the values of cultural diversity. Searching for home as well as exploring with social and racial inequalities have become the leading themes of his work for almost 25 years.

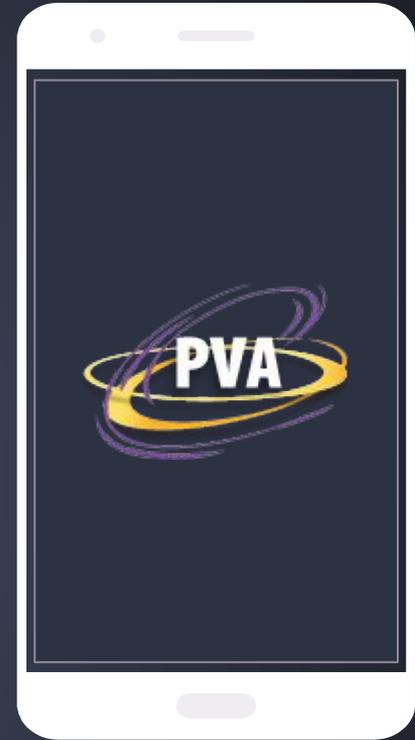
Important Links

[Michelle Crimmins](#) - PVA Learning Leader & Theatre Arts Instructor

[PVA Website](#) - Our programs, instructors, calendar & updates

[PVA Events & Ticket Sales](#) - Performance dates and buy tickets

[CPVAF](#) - Calgary Performing & Visual Arts Foundation



OUR TWO INCREDIBLE PARENT GROUPS - CMMPA & CPVAF

The Performing Visual Arts Program at Central Memorial High School is a unique public-school opportunity unlike any other in the city, perhaps the province.

The band program came first. It started when the school opened in 1968 and soon after its marching band garnered recognition for its level of excellence. **CMMPA - Central Memorial Music Parents Association** was created to support this program.

In 2003 the Performing and Visual Arts program was born initially offering Dance, Band, Choral, Strings, Drama and Visual Arts. Over the next years the program grew to be what it is today including Media Arts, Fashion and Tech Theatre.

CMMPA was already well established in the fundraising efforts to aid band, string and the vocal programs, they had their own bingo and casino licenses in place. Parent fund-raising efforts were directed to follow their students through their time at CMHS.

In 2010, a second parent organization was created to help support all PVA disciplines and the growing student population coming to Central to pursue their passions. This new group, **CPVAF, Calgary Performing and Visual Arts Association**, rallied at times to ensure that the emerging PVA program thrived. CPVAF's advocacy and efforts contributed to the decision that allowed students from across the region to apply and enrol as a PVA student at Central.

CPVAF and CMMPA work collaboratively to ensure that all PVA streams get the support they need and deserve. It's a huge program with big dreams and needs so while CMMPA raises funds and coordinates volunteers to support the music programs, CPVAF focuses on all streams of PVA - theatre, theatre tech, fashion, dance, visual arts, music, and media arts.

As a parent/caregiver/guardian of a PVA or Standard music student, you are a CMMPA member, and as a parent/caregiver/guardian of any PVA Discipline (including music), you are a member of the CPVAF. If your student is in both music (of any kind) and another PVA program, you are a member of both and we are thrilled to have you.

More about CPVAF

The **C**algary **P**erforming and **V**isual **A**rts **F**oundation

Our Mandate.

To support and advocate for The Centre for Performing & Visual Arts (PVA) at Central Memorial High School so students can excel **artistically** and **academically**.

Our Objective.

To support the staff and students in each PVA discipline with resources (e.g., funding) and volunteers.

How do we do what we do?

By fundraising and then allocating those funds to help get things on the PVA Instructor's Wish Lists which include things like lighting and sound equipment, art supplies, guests instructors and all kinds of other things that enhance your student's experience in the PVA programs that are not otherwise covered through other means.

When do we meet?

We have virtual meetings on the first Wednesday of every month at 7:00pm. A reminder and link goes out to all PVA parents beforehand.

What do you have to do?

As much or as little as you want. Find out more [here](#) at the CPVAF website.

How are the meetings?

Honestly? They are pretty good. Lots of parents with kids in the PVA Programs like to get involved and do things like work the ticket tables at shows, make costumes, hang banners, raise funds and donate money if they can.

Michelle Crimmins, the PVA Learning Leader comes to every meeting and gives us an update on what the various programs are doing. We have some laughs, we get things done and it's a great way to stay up to date on what your kids are working on in their various PVA passions.

You can easily come, just listen and leave.

Amazingly some parents stay on after their kids have graduated as part of the CPVAF community and come to meetings. That's how good these meetings are! ;-)

Stay in Touch - Get Involved

CPVAF Meetings

First Wednesday of the month

7:00pm



Next Meeting: This Wednesday, October 5th

Meetings are virtual

Join us here: <https://bit.ly/3UEcePv>

Reminder emails with the link are sent before each meeting

2022/23 meetings

October 5 - November 2 - December 7 - January 4 (TBC)

February 1 - March 1 - April 5

Open positions include: Fundraising, PR and Vice Chair.



If you would like to find out about our open positions then please join us at our next meeting or email our Chair, Kathy Bauer, at Chair@cpvaf.org

CMMPA Meetings

Monthly, in person at Central Memorial, dates and times to be confirmed shortly.

For more information please contact the CMMPA Chair David Siemens at president.cmma@gmail.com

Be sure to visit the PVA website (www.pvacentral.ca) on a regular basis to receive updates on events and performances or to purchase tickets to shows.





*Calendar
of Events*

PVA EVENTS 2022-2023



- Oct 4 - 6 Music Retreat at Camp Kindle
- *Nov 16 "*Fate & Fortune*" Fall Music Concert - Bella Concert Hall, MRU
- Nov 24 CMHS & PVA Open House - Central Memorial High School
- *Dec 7 - 10 Theatre Arts Fall Musical - "*Rent*" - Central Memorial Theatre
- Dec 16 - 18 One-Act Play Productions - Central Memorial Black Box Theatre
- *Jan 12 PVA Music Recital - Central Memorial Theatre
- Jan 16 PVA Application Deadline
- Jan 17 Dance Fusion - Central Memorial Theatre
- Jan 23 - 26 PVA Auditions - Central Memorial Theatre
- Feb 3 CBE Sings at Central - Central Memorial Theatre
- *Feb 10 Jazz Night at Central's Career & Technology Centre (CTC)
- Feb 18 - 23 Grade 12 New York PVA Trip
- Feb 24 Percussion Symposium - Central Memorial Theatre
- Mar 3 Strings Symposium - Central Memorial Theatre
- *Mar 20 - 23 Dance Central - Central Memorial Theatre
- Apr 24 - 29 Atlantic Festivals of Music in Halifax
- *Apr 26 - 29 PVA Spring Play - "*Progress*" - Central Memorial Black Box Theatre
- *May 10 - 13 PVA Spring Musical - "*The Prom*" - Central Memorial Theatre
- *May 26 PVA Gala of the Arts Celebration - Central Memorial High School
- *May 30 - 31 Spring Music Concert at Knox United Church
- *June 6 Dance Fusion - Central Memorial Theatre
- June 23 & 24 Visual Arts Grad Show at The NvrInd Boutique, Inglewood

* ticketed events: centraltickets.net

PVA *Music*



PVA *Band Strings Vocal*



Katrina Greenbow
STRINGS DIRECTOR



Amanda Hillestad
VOCAL DIRECTOR



Adam Mailman
BAND DIRECTOR



PVA Music News

In September, we have been having a great time making many joyful noises! Large ensembles have gotten started on preparing their music for **Remembrance Day celebrations on November 10, our November 16 Fall Concert "Fate and Fortune,"** and coming together as communities. Jazz Ensembles are swingin' hard in the early mornings, getting ready for our **open house on November 22.**

Beginner strings, PVA Music, and our "Central Standard" students are all pushing the boundaries of what high school students can achieve with a great mindset, goal setting, and discipline within a safe and caring community. All of this to get ready for travel opportunities to Camp Kindle for a retreat with great artists and this spring going to perform at the Atlantic Festival of Music in Halifax, Nova Scotia.

To support these trips, you'll see lots of opportunities to support our students with fundraisers. Our goal is to raise enough money this year that all of our students can attend the trip. One easy way to support our community is to buy raffle tickets! <https://www.rafflebox.ca/raffle/cmmpa4/5>

You can follow our Instagram to see other fundraisers as they come up, and keep up with all the goings on in Music at Central. <https://instagram.com/pvamusicalcentral>

~ Adam



PVA
Dance



PVA *Dance*



Suzanne Demers
DANCE & THEATRE ARTS
INSTRUCTOR



Christie Preston
DANCE INSTRUCTOR



PVA *Dance*



Welcome to all of our dancers and their families! We are excited for a new year of fun, learning, and of course sweat in the dance studio. Our dancers have hit the ground running and have already shown us their thirst for knowledge and willingness to take on new challenges. We are looking forward to a full year of guest artists, residencies, style explorations and live performances, all of which make our program so enriching. We look forward to seeing everyone at both Dance Central and Dance Fusion this year!

Our incoming Grade 10 class have been working hard in the studio in West African and had the opportunity to dance with live drummers early in the unit. In Grade 11, our groups are working on Swing Jazz and Contemporary and the Grade 12s have spent this month learning from Decidedly Jazz Danceworks' Catherine Hayward as a part of their jazz residency. Additionally, our Dance Composition students are working on motif solos and finding their unique voices in movement and choreography.

Know a dancer in your life who might like to join us? We'd love to hear from them! sumdemers@cbe.ab.ca

~ *Suzanne*



PVA
Fashion



PVA *Fashion*



Katrina Op de Beek
FASHION INSTRUCTOR



PVA Fashion



I am so excited to welcome you to your first semester in the construction and technique side of PVA Fashion in our beautiful Fashion Lab! Welcome back to the Intermediates and Advanced, I look forward to seeing your portfolios and helping prepare for Post Secondary applications.

Our PVA Fashion program has now grown so that we can offer a dedicated second semester construction and design class, exclusively for PVA students. This will encourage the creative atmosphere and process we are fostering in our Fashion studio. To enrich this environment, our hope is to once again include field trips and guest designers and presenters. Looking forward to an amazing and creative semester with you all.

~ Katrina Op de Beek - New Fashion Instructor

“Fashion is not something that exists in dresses only. Fashion is in the sky, in the street, fashion has to do with ideas, the way we live, what is happening.” - Coco Chanel



PVA
Media Arts





PVA *Visual Arts*



Lane Turner
MEDIA ARTS INSTRUCTOR



PVA Media Arts



Wow! How time flies in September!

I have been enjoying getting to know such a talented bunch of upcoming multimedia artists. So far, our intrepid adventures in PVA Media Design have been enjoying the fall weather working hands-on outside with cameras, getting into the lighting studio, and delving deeper into digital imaging using Adobe photoshop.

Students are reminded they should now all have access to their Adobe Creative Suite software, free of charge, to install at home. Upcoming projects will include working in Adobe Photoshop, Illustrator, Premiere, and After Effects.

We're currently looking at scheduling an animation workshop with Quickdraw Animation Society, and a possible field trip to Contemporary Calgary for a screening with the Calgary International Film Festival's Generation Next program for young filmmakers and media enthusiasts.

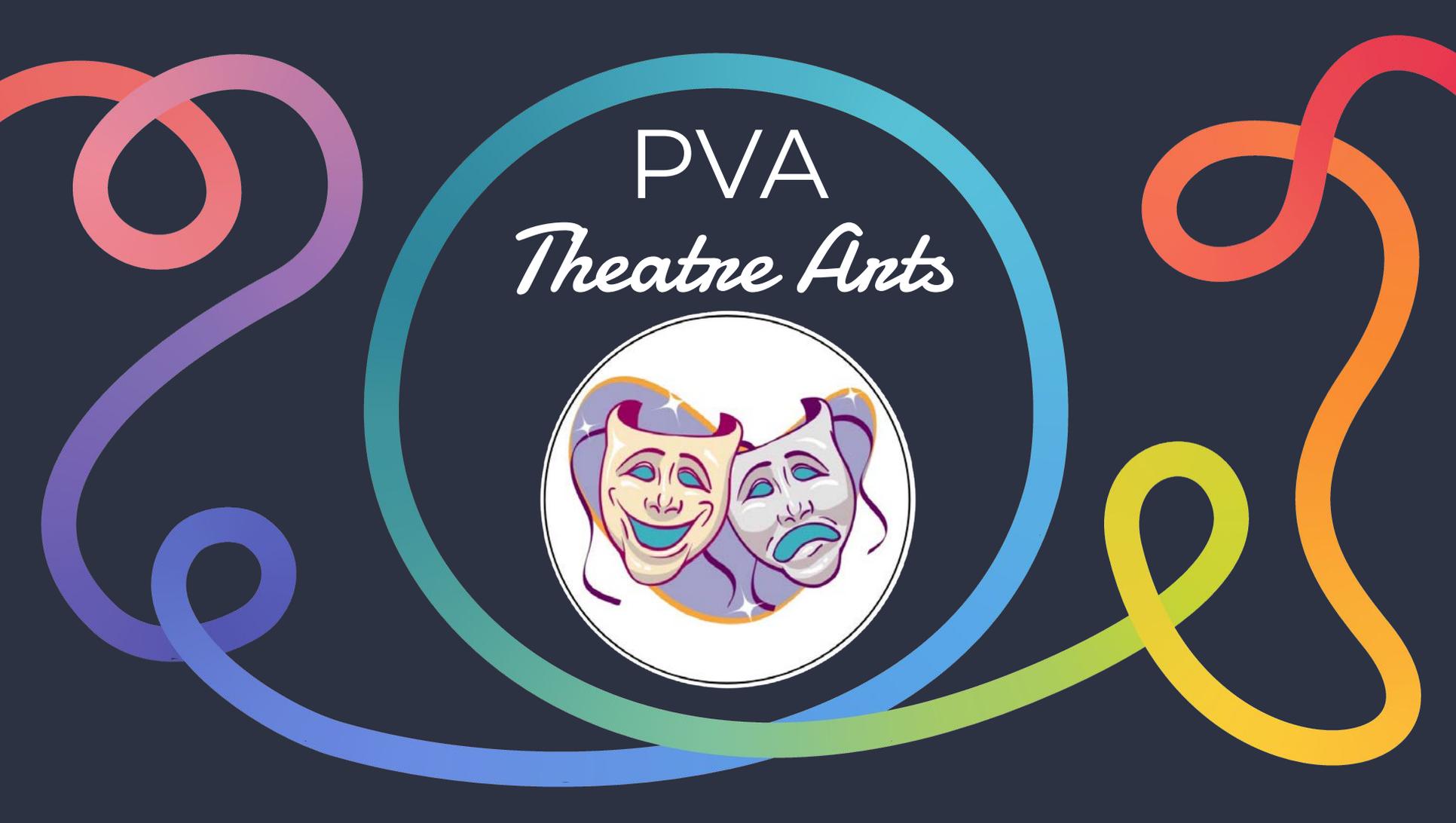
More information will be coming soon.

~ Lane Turner - New Media Arts Instructor



PVA

Theatre Arts



PVA *Theatre Arts*



Michelle Crimmins
PVA LEARNING LEADER
THEATRE ARTS INSTRUCTOR



Kelly Goutsis
THEATRE ARTS INSTRUCTOR



Jen LeBlanc
THEATRE ARTS INSTRUCTOR



Len Simon
TECHNICAL THEATRE
INSTRUCTOR



PVA Theatre Arts News



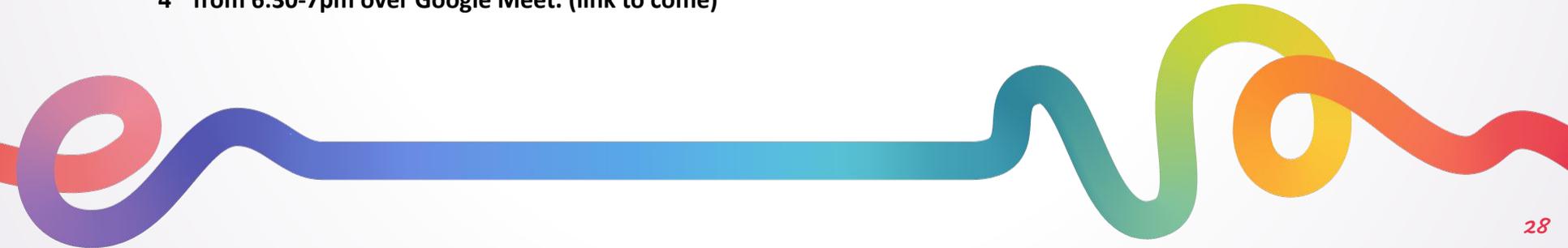
PVA Theatre Arts is thrilled to be back in the swing of the school year, and we are excited about all the great things we will be doing with students this semester!

We have welcomed in an awesome group of new Grade 10 students, and have already begun working with them on *First Act One Acts*, the grade 10 production which is performing in the Studio Theatre in December. A letter has been sent home to families with important details about the show, a link to the rehearsal and performance schedule, **and an invitation to a in-person parent meeting on Oct 22nd at 3:00pm in the cafeteria.**

In addition to the Grade 10 production, we have also started rehearsals for the Fall Musical, *Rent*, which will perform the first week of December in the main Theatre, and is being directed by Ms. LeBlanc. The cast is already busy learning vocal parts with Guest Musical Director, Gavin Caldwell, and will be moving into choreography with Guest Choreographer, Ms. Alison Stone in the coming days and weeks. **The parent meeting for *Rent* will take place on Tuesday, October 4th from 6:30-7pm over Google Meet. (link to come)**



Kelly Goutsis
THEATRE ARTS INSTRUCTOR



PVA Theatre Arts News - Cont'd

Morning drama classes are well underway, and students are already busy learning with some amazing guest artists, including puppetry with Elaine Weryshko, and improv with Aaron Ranger and Quinn Contini. All students have also been working closely with Artist-in-Residence, Stafford Perry, who is supporting our classroom and rehearsal processes this year by exploring with us what it means to create equity and inclusion in arts spaces.

Students and teachers will be fortunate to attend one Evening at the Theatre this semester, when we meet at Pumphouse Theatre on Thursday, Sept. 29th to watch *Making Treaty 7's*, *O'kosi* created by Michelle Thrush. We are excited to see this new play which takes place in Calgary, and explores the ways Indigenous people are healing from the multi-dimensional effects of signing Treaty 7. We hope students will be able to reflect on this experience during our time away from school for Truth and Reconciliation Day (Sept 30th).

We feel really grateful to have kicked off this year with such a great group of students, families, and artists, and we are looking forward to sharing some excellent theatre together this year!

~ Kelly



PVA *Tech Theatre News*

Technical Theatre teaches us to work together as a team toward something that is bigger than any individual.

Our new Technical Theatre crew started the semester with reviewing safe working practices, identifying and operating the diverse assortment of equipment in our two performance spaces, and forming cohesive relationships that will become the foundation of the fast paced and technically challenging crews we need to support all upcoming events and productions. Each Technical Theatre crew is a unique blend of technical expert and artist. Our work is highly challenging, and extremely rewarding.

A Tech Theatre Alum had this to say:

In Tech Theatre I feel like I belonged and all the work I did mattered. The Tech Theatre Program had kind and accepting individuals, a fun environment, with plenty of time and space for me to learn new skills.



PVA *Tech Theatre News - cont'd*

Our entire crew takes pride in our roles and looks forward to working with presenters, actors, dancers, musicians, and teachers to help ensure that everyone is seen and heard, and each event or production is enhanced to increase the viewing experience for all audience members.

Next time you're attending an event or production say hello to our technicians, and if you're interested, we can take you on a little tour of our backstage world or our tech booths.

~ Len



PVA
Visual Arts



PVA *Visual Arts*



Kelly Isaak
VISUAL ARTS INSTRUCTOR



Jill Tuttle
VISUAL ARTS INSTRUCTOR



Yohan Ricardo
VISUAL ARTS INSTRUCTOR



PVA *Visual Arts News*



Visual Arts students wasted no time getting messy this September with creative illustration assignments that ranged from ink drawings inspired by Canadian art collective En Masse, dystopian and utopian playgrounds, personal logos and cultural shoe designs. Students are now exploring specific techniques and media such as cross contour, india ink mark making, acrylic ink washes, textures and body proportions, which will then be applied to a creative assignment coming up in October.

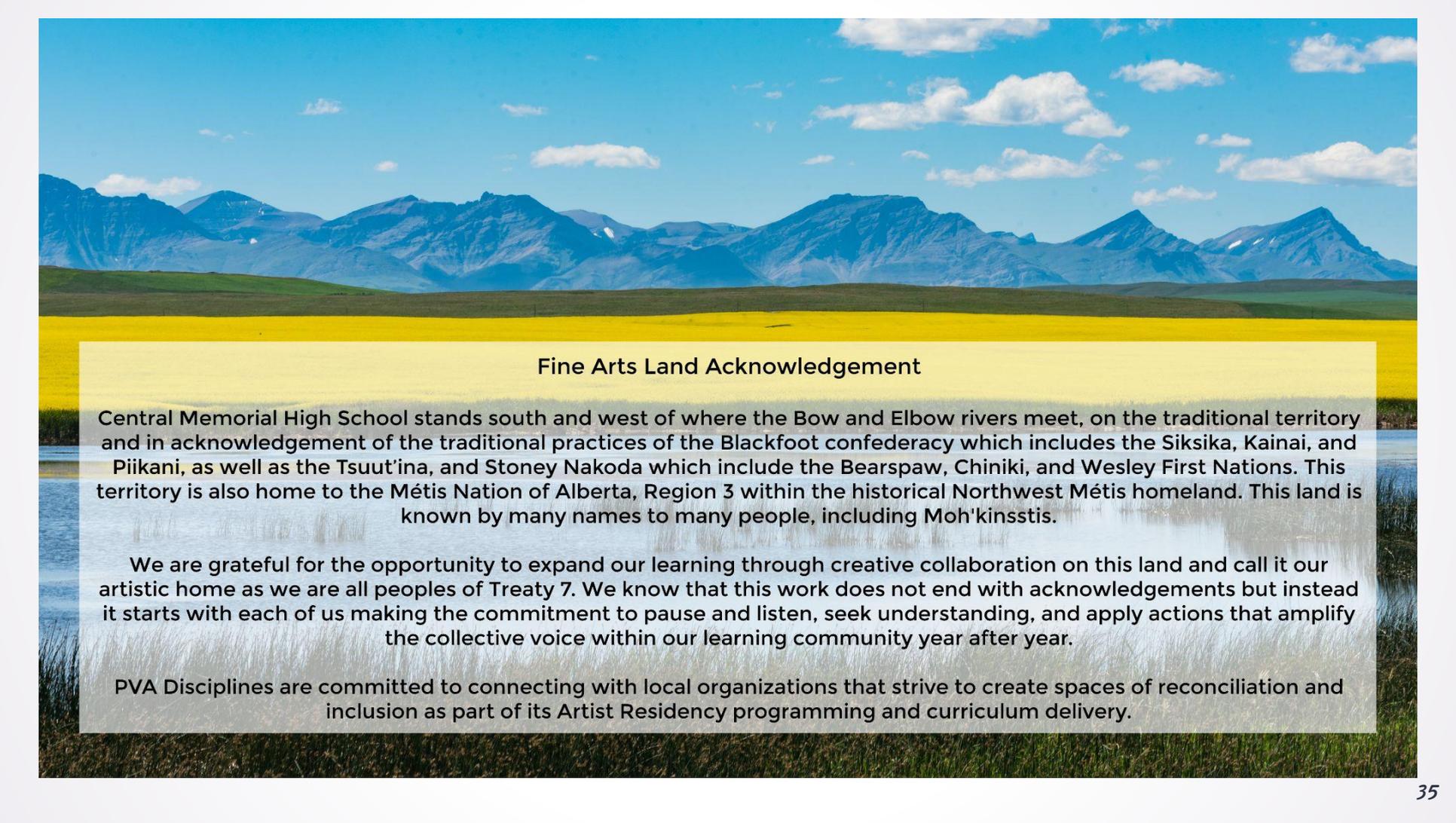
Look out for the monthly exhibitions in the Central Memorial Art Gallery! These exhibitions will be curated by PVA 30 students and will showcase the incredible talent in a professional gallery setting. In addition to student work, there will also be two professional exhibitions from TREX SW through the Alberta Society of Artists.

Finally, CMHS welcomes two new teachers to the team, Jill Tuttle and Yohan Ricardo-Perez have joined the Visual Arts department alongside Kelly Isaak! Check out their bios in this newsletter for an introduction.

We are all looking forward to a year of creative and engaging art-making!

~ *Jill Tuttle* - New Visual Arts Instructor





Fine Arts Land Acknowledgement

Central Memorial High School stands south and west of where the Bow and Elbow rivers meet, on the traditional territory and in acknowledgement of the traditional practices of the Blackfoot confederacy which includes the Siksika, Kainai, and Piikani, as well as the Tsuut'ina, and Stoney Nakoda which include the Bearspaw, Chiniki, and Wesley First Nations. This territory is also home to the Métis Nation of Alberta, Region 3 within the historical Northwest Métis homeland. This land is known by many names to many people, including Moh'kinsstis.

We are grateful for the opportunity to expand our learning through creative collaboration on this land and call it our artistic home as we are all peoples of Treaty 7. We know that this work does not end with acknowledgements but instead it starts with each of us making the commitment to pause and listen, seek understanding, and apply actions that amplify the collective voice within our learning community year after year.

PVA Disciplines are committed to connecting with local organizations that strive to create spaces of reconciliation and inclusion as part of its Artist Residency programming and curriculum delivery.

HELLO

MY PRONOUNS ARE



We are inclusive !

